

# Wisdom Gone Crazy Part Two

## A Line-by-Line Exploration of *The Sadhana of Mahamudra*

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Led by Barry Boyce and Derek Kolleeny  
Thursdays starting April 21, 2016 at 7:00 EST

### Sources (*new sources are in yellow*)

- *D&CW: Devotion and Crazy Wisdom*
- *PTOD-3: Profound Treasury of Dharma Volume Three: The Tantric Path of Indestructible Wakefulness*
- *JWOG: Journey without Goal*

### Handouts

- Instructions for Practice by the Nalanda Translation Committee
- Key terms and concepts

## Syllabus

### I) April 21: Class One, pages 1-7

#### A) Sections:

- i) The title, subtitle, author, context, and preamble, pages 1-5
- ii) The preliminaries, page 6
  - (1) Take refuge
  - (2) Raise bodhicitta
- iii) The creation of the spontaneous mahamudra mandala from the wisdom of the fourth abhisheka, page 7

#### B) Reading:

- i) D&CW
  - (1) The Opening of the Sadhana, page 38
  - (2) Historical Commentary: Part Two, pages 184-196
- ii) PTOD-3
  - (1) The importance of a Nontheistic View, pages 433-438
  - (2) Stepping over the Pass, pages 727-728
- iii) JWOG
  - (1) Being and Manifesting, pages 101-108

### II) April 28: Practice

### III) May 5: Class Two, pages 8-12

#### A) Sections:

- i) Self Visualization of the mandala, page 8-12
  - (1) Environmental Mandala=Charnel ground
  - (2) Body Mandala

**B) Reading:**

- i) D&CW
  - (1) Creating the Mandala of the Siddhas, pages 38-46
- ii) PTOD-3
  - (1) Visualization and Sadhana Practice, pages 417-432 (omitting Two Aspects of Yidam, pages 421-424)
  - (2) Visualization and Everyday Life, pages 668-670
  - (3) Visualization and Formless Practice, pages 740-741
- iii) JWOG
  - (1) Mandala, pages 31-38
  - (2) Visualization, pages 65-70
- iv) Other Sources:
  - (1) Chapter 8-Visualization, *The Dawn of Tantra*, pages 47-52

**IV) May 12: Practice**

**V) May 19: Class Three, pages 12-17**

**A) Sections:**

- i) The supplication while resting the mind in the mahamudra of devotion, page 12-17

**B) Reading:**

- i) D&CW
  - (1) Supplication: Linking Wretchedness and Glory, pages 47-56
- ii) PTOD-3
  - (1) Guru Yoga, pages 366-371

**VI) May 26: Practice**

**VII) June 2: Class Four, pages 17-21**

**A) Sections:**

- i) Celebration of identification with the guru, page 17-18
- ii) Giving birth to the devotion of mahamudra by chanting the Four Dharmas of Gampopa, page 18-19
- iii) The offering to make desires and attachments part of the path, page 19-21

**B) Reading:**

- i) D&CW
  - (1) Offering, pages 56-67
- ii) PTOD-3
  - (1) The Power of Devotion, 125-133
- iii) Other Sources:
  - (1) The Four Dharmas of Gampopa, *As it is Vol 1*, Tulku Urgyen, pages 37-48
  - (2) Offering, by Getse Mahapandita, from *Deity, Mantra, and Wisdom*, Jigme Lingpa, Patrul Rinpoche, and Getse Mahapandita, pages 127-130

**VIII) June 9: Class Five, pages 21-26**

**A) Sections:**

- i) The special supplication, pages 21-23
- ii) Receiving the simple and ultimate abhisheka, page 23-24
  - (1) Chanting the triple hum, page 23
  - (2) The requesting of abhisheka, page 23-24
  - (3) The great leap into the void of panoramic awareness, page 24
- iii) The auspicious verses, page 25
- iv) The colophon, page 26

**B) Reading:**

- i) D&CW
  - (1) Joining Insight & Devotion in the Rime Tradition, pages 72-78
  - (2) HUM: An approach to Mantra, pages 205-209
- ii) PTOD-3
  - (1) Joining Shamatha and Vipashyana, pages 400-402
  - (2) The Four Main Abhishekas, pages 407-414
- ii) Other Sources:
  - (1) Mahamudra, Excerpt, from *Illusion's Game*, pages 68-70 (in this version)
  - (2) Abhisheka and the Four Empowerments in Guru Yoga, from *Not for Happiness - A Guide to the So-Called Preliminary Practices*, Dzongsar Khyentse Rinpoche, 7 pages (not numbered)